A COMPREHENSIVE GUIDE TO MOISTURE TESTING
2014 EDITION - PREPARED BY WAGNER METERS
Accurate measurement of moisture levels in a concrete slab, wood subfloor, and/or wood floors is the most important step in mitigating or alleviating flooring failures. Regardless of the measurement tools you use, Wagner Meters has prepared this resource booklet to help you gain a basic understanding of the process and rationale for testing moisture levels in these different areas. We hope this guide will lessen your likelihood of financial losses resulting from preventable flooring failures.

What you should know about Concrete and Moisture

**Test for Moisture Before Installation to Avoid Flooring Failure**

Every flooring and general contractor is best served by having a basic understanding of the importance and proper protocol for testing moisture levels in concrete. Without this knowledge, a contractor faces a greater likelihood of flooring failures which may lead to wasted time and financial loss.

All types of flooring are susceptible to failure if moisture conditions are not properly monitored and maintained. When the subfloor is concrete, a moisture problem may begin long before the flooring is installed. If the concrete slab has not been properly dried and cured before the flooring is installed, moisture problems are almost guaranteed. What’s more, moisture-related problems in flooring can also raise health and safety risks resulting from mildew, mold, gaps, bumps and unsecured flooring.

Having to remediate a flooring failure or worse, having to correct a concrete subsurface will increase project costs and possibly tarnish your reputation. That’s why it’s so important to learn to identify and correct moisture problems during the installation process, eliminating moisture problems so they don’t lead to unnecessary and costly repairs of an entire floor system.

Fortunately there are some preventive measures to greatly reduce the risks of excess moisture in concrete slabs and failures to subsequently applied flooring or coating. But in order to properly understand the ideal conditions for flooring installation, some basic knowledge about concrete is important.
**The Difference Between Cement and Concrete**

You may hear “cement” and “concrete” used interchangeably but they are not the same thing. Cement powder is the (typically) grey powder added to the concrete mix that binds all the components together. Cement is only one of the ingredients of concrete. Sand, water, and rocks (or other aggregates) are mixed with cement powder to form the finished product – concrete.

There are two basic types of cement: hydraulic and anhydrous. A common cement like Portland cement is a hydraulic cement. It hardens regardless of surrounding moisture conditions. The chemical reactions that bind hydraulic cement can even occur underwater! On the other hand, anhydrous cements, like gypsum plaster, must be dry to keep their strength. Both of these kinds of cement are blended with additives such as fly ash, lime, silica fume, blast furnace slag and others to give a variety of strengths and colors.

Concrete is formed when the various ingredients are combined (cement, sand, water and aggregate) to create a chemical reaction that binds the materials together. In a 4-inch slab, it takes approximately four weeks for this chemical process to be complete. This is the process known as “curing.” But a cured slab may still be holding a significant amount (approximately two thirds) of the moisture from the original concrete mixture.

Drying continues after curing is complete through a process that moves moisture to the surface of the slab to then evaporate away and be replaced by more moisture drawn up through the entire slab. If the slab has cured, but not dried, it is certainly not ready for a flooring installation. And even “dry” may not be dry enough because the drying process may be greatly impacted by environmental conditions like temperature and air humidity. The only way to be sure a slab is dry enough to apply a floor covering is through adequate moisture testing.
WHY ACCURATE MOISTURE TESTING IS CRITICAL

Accurate moisture testing is critical to understanding the complete moisture levels of any concrete slab. It’s not enough to perform only one test at the surface of the slab to make a go or no-go decision about installing flooring. Different areas of a slab may dry unevenly so it’s necessary to test several different spots on each slab including spots below the surface of the slab (at service conditions). ASTM International has provided several standards related to testing moisture content with two different test methods before installing flooring over a concrete slab: in situ probes (ASTM F2170) and calcium chloride testing (ASTM F1869).

The calcium chloride test method is used to determine the moisture vapor emission rate (or MVER) from a concrete slab. The test involves sealing a small dish of calcium chloride on a clean section of concrete under a plastic dome. The salt absorbs moisture in that environment (and presumably coming from the concrete slab) and the weight gain after three days is used to calculate the MVER. While this method is still specified by many flooring manufacturers, architects and adhesive manufacturers, the calcium chloride test really only tests the surface conditions of the slab. (Note: calcium chloride testing has also been disallowed as an appropriate method for testing on lightweight concrete.)

To test the moisture conditions within the slab, the best indicator of the total moisture content is relative humidity testing using in situ probes, ASTM F2170. A series of test holes are drilled into the slab and a small probe is placed into the hole where it is allowed to equilibrate with the slab before readings are taken. Research has found that placing the probe internally, at a depth of 40% of the slab’s total thickness, provides the best indicator of what moisture conditions will be encountered by the adhesive and finished flooring product upon installation.

Understanding the basic concepts about concrete, and correctly monitoring its moisture content as it dries, can significantly reduce the risk of moisture-related flooring problems. Every professional on a building site, whether specifying the
correct concrete for a given time frame, choosing the proper adhesive for the condition of the slab, or determining if it’s safe to go ahead with the flooring installation, will benefit by having correct information regarding moisture levels in concrete.

**Performing Correct and Accurate RH Testing**

**Ensure accurate moisture readings for your concrete slabs**

In order to prevent a moisture-related failure to a floor covering or coating installation, it is necessary to have the proper moisture level in the slab. Having access to accurate readings of the moisture (relative humidity) is therefore critical. We’re certain you will find that the patented Rapid RH® Smart Sensor design is superior in a number of ways to other relative humidity test methods, because its sensor portion is permanently embedded into the concrete.

All of the competitive relative humidity testing methods use some type of reusable sensor, inserted into a plastic “sleeve” in the hole. Re-usable probe methods require much more time and careful use to obtain accurate results while meeting the ASTM F2170 requirements. If used improperly, the reusable sensor probes may leave you at risk of a moisture-related flooring failure.

On the other hand, the patented design of Rapid RH® makes obtaining rapid and accurate relative humidity readings as outlined by ASTM F2170 quick and easy.

To insure accurate relative humidity readings and mitigate your risk of a flooring failure, you should be familiar with the following issues, regardless of the methods or tools you use for the purpose of moisture measurement.
PROBLEMS WITH “LEAP-FROGGING”

The non-Wagner relative humidity probes often take many hours to initially equilibrate once they are inserted into their “sleeves” in the concrete slab. Depending on the probe manufacturer, it may take an hour to several hours to equilibrate before a reading can be taken. Sometimes these competitive probes take up to 12 hours just to reach full equilibration. Some users expect to move a probe quickly from hole to hole (Leap-Frogging) without letting the probe have ample (in some cases hours) equilibration time. The result of insufficient equilibration time is that the relative humidity readings will be inaccurate, usually significantly underestimating the true relative humidity.

With the patented Rapid RH® method, you need never be concerned with waiting for the Rapid RH® Smart Sensors to equilibrate each time you need to take a reading. Once the short initial equilibration time (15-20 minutes)* has occurred for an embedded Smart Sensor, you can obtain subsequent readings immediately and anytime thereafter.

LACK OF CALIBRATION VERIFICATION

ASTM F2170 requires probe calibration to be verified for accuracy within 30 days of each use. With re-use, reusable relative humidity probes will fall out of calibration (contaminants, etc). Contamination of these relative humidity probes can lead to inaccurate relative humidity readings. According to Section 8 in ASTM F2170, verifying a probe’s measurement accuracy requires testing the probe with a salt solution or with a humidity chamber. Rapid RH® sensors come with a certificate of NIST traceable calibration. You need never be concerned with verifying calibration and the associated costs if you are using the Rapid RH® method.

IMPROPER DEPTH OF INSTALLATION

ASTM F2170 requires that relative humidity readings be performed at 40% of the depth of the concrete (slab drying from one side; 20% if drying from two sides). Many reusable probes require the user to knock out holes at the proper location in their plastic sleeve inserts, and other sleeves actually have multiple openings vertically along the sleeve insert. Often times these types of sleeve inserts lead to inaccurate readings because they do not always adhere to the very specific depth requirement of ASTM F2170. The design of the Rapid RH® ensures the
user can easily obtain a reading at the correct depth of the concrete for every installation.

Just drill the hole to the correct depth and insert the Rapid RH® Smart Sensor to that depth. The Rapid RH® patented small dead volume design ensures conformance to the ASTM depth requirement while also providing very rapid equilibration times.

* Section 10.3.4 of ASTM F2170 currently states: “Allow 72 hours to achieve moisture equilibrium within the hole before making relative humidity measurements.” Wagner’s Rapid RH® patented design allows for obtaining initial readings in the first 15-20 minutes that will generally be within 3% of the reading at 72 hours. Generally, within one hour, Rapid RH® Smart Sensors will be fully equilibrated, and remain so, but it is recommended that the ASTM F2170 specification is strictly adhered to.
**Recommended Steps to Comply with ASTM F2170 Standards for Relative Humidity Testing**

1. Verify that your relative humidity measuring instrument conforms to section 6 of ASTM F2170
   - Verify NIST-traceable calibration certificate is on file.

2. Check calibration of measuring instrument per section 8 of ASTM F2170.
   - For new unused probes, proceed to next.
   - For re-useable probes: (Not required for RapidRH®)
     - A calibration check within 90 days before use is required.
     - Note date on report.

3. Verify 48 hour service conditioning of concrete floor slab and the occupied air space above the floor slab per section 9 of ASTM F2170.
   - Concrete floor slab shall be at service temperature and the occupied air space above the floor slab shall be at service temperature and service relative humidity for at least 48 hours.

4. Determine number and location of test holes per section 10.1 of ASTM F2170.
   - Three test holes for the first 1000 ft2 (100 m2) and at least one additional test for each additional 1000 ft2 (100 m2).
   - Record total area of concrete slab and number of test holes required on report.

5. Determine depth of test holes per section 10.2 of ASTM F2170.
   - 40% of slab thickness if slab is drying from top only.
   - 20% of slab thickness if slab is drying from top and bottom.
   - Record concrete slab thickness and depth of test holes on report.
6. Drill and prepare test holes per section 10.3 of ASTM F2170.
   • Note location of test holes on site map.
   • For RapidRH®, place serial number decal of sensor with corresponding test hole on report.

7. Verify 72 hour moisture equilibrium period for each test hole per section 10.3.4 of ASTM F2170.

8. Perform relative humidity measurements per section 10.5 of ASTM F2170.
   • Verify that meter reading does not drift more than 1% relative humidity over a 5 minute period.
   • A Rapid RH® reader can be read immediately after insertion into each test hole since the sensor has already been equilibrated for at least 72 hours.
   • Re-usable probes should equilibrate at least one (1) hour in each test hole to help ensure an accurate measurement.

9. Record and report the results per section 11 of ASTM F2170.

We highly recommended that you obtain your own copy of ASTM F2170 at http://www.astm.org/Standards/F2170.htm
The Whole Flooring Picture

When working to prevent moisture-related problems with wood flooring, there are multiple layers that can contribute to moisture issues. Simply acclimating and installing the flooring product itself is only one step in a series that should be included when installing wood flooring products.
From the Ground Up

Concrete Slabs for Wood Flooring Professionals

“I’m a wood flooring specialist – why would I need to know about concrete?”

When a wood floor is installed over a concrete slab (whether that includes separate subfloor or not), the moisture picture in the concrete slab can have real ramifications for the finished floor. If a new slab has not dried completely to finished specifications, that moisture will continue to wick up through the surface of the concrete and can cause anything from adhesive failure to wood warping or cupping. If an older slab has developed cracks or moist patches, those can also work their way to the surface and provide an avenue for moisture to compromise a wood floor. Even with a vapor barrier, moisture can still be an issue if the slab has not properly dried. It pays to have an understanding of concrete moisture testing.

Concrete moisture conditions are most reliably established with relative humidity (RH) testing that uses in situ probes. Other test methods, including calcium chloride testing or the poly-film test, have proven problematic in the past and are slowly being discontinued. Other varieties of meters, like surface concrete meters, might help to determine the most likely areas for necessary RH testing, but keep in mind that surface concrete meters do not provide an in-depth picture of moisture conditions within the slab. True quantitative testing must be done to protect your flooring installation.

It pays to check what the job specs have called for, have performed the appropriate moisture testing, and have the manufacturer acceptable results on file, prior to beginning your installation. Moisture problems in the concrete slab may not ultimately be your responsibility, but left unchecked they might still end up becoming your problem.

The Wood Subfloor

Just like moisture problems with a concrete slab subfloor, improper moisture conditions in a wooden subfloor can lead to moisture-related issues in a finished floor. Two types of moisture meters are often used to determine the moisture
content (MC) of wood subfloors: the pin-style meter and the pinless (or non-destructive) meter (see “Moisture Content Management During Installation”). Just like the final wood floor, the subfloor must also be stable in terms of moisture content in order to prevent possible moisture-related flooring issues over time.

With either style of wood moisture meter, it is important to test several areas of a wood subfloor to be sure that the moisture conditions are acceptable for the final flooring installation. While several types of products are on the market to prevent this moisture from migrating from one layer to the next, proper moisture conditions before beginning installation help reduce the risk of flooring issues or failure.

A good rule of thumb is that the subfloor moisture content should be within 3-4 percentage points of the flooring to be installed before proceeding.

**The Flooring**

Before installation, wood or engineered flooring to be installed should also be checked with an accurate wood moisture meter. Several bundles should be opened and tested to ensure that the wood flooring is at the same MC throughout, and is compatible with the subfloor over which it will be installed. Like the wood subfloor, pin-style and pinless meters can give an indication of the MC to ensure a professional and long-lasting flooring installation. The advantage that pinless meters have with wood flooring is in their damage free measuring – no pin holes means no filling or sanding on the final floor.

And of course, room conditions should also be monitored to ensure they are at service normal conditions. Even a good flooring installation with adequate moisture testing might not overcome extreme changes in ambient temperature and humidity. But allowing the wood products to acclimate to these normal ambient conditions is one of the best recommended practices.

As the old adage says, “An ounce of prevention is worth a pound of cure.” At any stage of the flooring work, accurate moisture testing is the best defense against moisture-related problems making an appearance.
WOOD FLOORS

Wooden floors can be as durable as they are beautiful. But there’s a big IF in a statement like that. Wooden floors can be as durable as they are beautiful IF they are installed properly. And any proper installation must begin with an understanding of the continuous relationship between wood and moisture.

WOOD AND WATER – A CONTINUOUS INTERACTION

As a growing tree, wood cells are like bundles of long, narrow drinking straws that help the moisture move up the length of the trunk and out through the branches and twigs. Obviously, when a tree is felled, it begins to lose moisture that is not renewed through its root system.

But even as it loses moisture, the cell structure of wood makes it possible for it to reabsorb moisture that exists as air humidity. Wood ultimately reaches a point of equilibrium (or balance) with its environment, but change the environment and the wood will lose or absorb moisture accordingly. This relationship between wood and its environment is referred to as “hygroscopic”.

How does this affect wood flooring? As moisture moves in and out of wood flooring, it will actually change dimensions depending on moisture conditions. (To see a dramatic example of this principle, try experimenting with a stalk of celery. Cut it into lengths both horizontally and vertically and place it in water for a day or two and see what happens!)

Cut wood will typically change in width and thickness, not in length because most saw cuts run vertically rather than horizontally. The degree of change will be influenced by the amount of moisture being absorbed or lost, the species of wood, the season it was harvested, the part of the tree the lumber was cut from, the width of the board and the type of saw cut used.

Moisture levels in the average household are considered to be between 6-9% and wood flooring is generally dried to this level. But regional and seasonal variations mean that even wood flooring manufactured from properly-dried lumber will need an acclimation time in the installation environment to prevent extreme changes in the finished floor. Think of this – even a change as small 1/32” per 2” board multiplied across an eight foot room equals 1 ½” of gapping or swelling.

Moisture content is crucial to proper installation.
**A Note on Engineered Wood Products**

Engineered wood also needs the same acclimation time as natural wood products. During the manufacturing process, layers of wood or wood products are joined together to create the finished product. In the event that producers use layers of different wood species, the moisture management imperative is even greater. Each wood layer (even equilibrated) responds differently to changes in RH. Add the chemical and moisture content of industrial wood glues, and one gets a clear sense of the challenge to produce outstanding engineered flooring.

When installed, engineered wood flooring tends to be more dimensionally stable but it can still be susceptible to moisture damage. And when installed with adhesive products, moisture content becomes just as critical as with any other flooring product.

**Moisture Content Management During Installation**

Because of the hygroscopic nature of wood, thorough acclimation is critical when installing wood flooring. And there are a number of tools available to help all stages of the installation process.

1. **Thermo-hygrometers** – Because ambient conditions play such an important role in having flooring reach equilibrium moisture content (EMC) with its environment, thermo-hygrometers measure both temperature and ambient relative humidity (RH) readings for maximum quality control potential. They are best suited for measuring RH dynamics in rooms, specifically those in which RH and temperature must be closely maintained.

2. **Wood moisture meters** – Wood moisture meters assess moisture content in wood through a couple different types of underlying technology, and so are often referred to as “pin-style” or “pinless” moisture meters. Wood moisture meters can be designed or programmed for different depths of readings, as well as species settings (or adjustment tables) and a range of features designed to help maintain accurate moisture content assessment on the job site.
a. Pin-style moisture meters - A pin meter measures the moisture content of wood by running an electrical signal between the tips of two narrow metal probes that are inserted into the wood. One advantage of pin-style meters (only those that use longer pins with insulated shafts) is that you can test at different depths in the wood. The major disadvantages are the relatively small area tested with each insertion, their sensitivity to wood temperature, and the damage the pins do to the wood surface with each test. The nature of pin-style meter design also mean that pins can be broken, or improperly driven pins will not give accurate readings.

b. Pin-less moisture meters - Pinless meters use an electromagnetic signal to penetrate the wood surface. Their design lets users “scan” many board feet of wood product simply and quickly for ease of use when checking flooring bundles or for doing a quick check of current conditions. Also referred to as “non-damaging moisture meters”, their pin-free style means they do not damage wood surfaces. Pinless meters do require adequate pressure to be reading correctly, and also take readings at a fixed depth. They may be susceptible to scratches or damage on the sensing pad as well.

As with any other tool on the job site, wood moisture meter accuracy depends on proper maintenance and use. If, for example, your moisture meter is taking readings at 1 ½” depth, but your flooring is ¾” stock, the readings may be reflecting ambient conditions under the board you are testing, or even subfloor conditions under existing floors. If the insulation is peeling from the probes of your pin-style meter, the readings will not have the same pin-point accuracy as is necessary for crucial moisture content information.

Of course, all the tools in the world cannot fix existing moisture content problems in wood flooring. If the wood did not reach its equilibrium moisture content (EMC) during drying or manufacturing; if installers pay little attention to the initial MC of the wood flooring previous to and during installation; if the RH of the room was not monitored before and during installation or if the RH changes after installation, MC problems and issues can arise. But proper attention to matters during installation means increased confidence in the longevity and durability of each flooring installation.
Moisture Measurement in Concrete Slabs Webinar

Wagner Meters is proud to offer, “Moisture Measurement in Concrete Slabs,” a webinar presented by Howard Kanare. Kanare speaks about breakthrough scientific data that seriously challenges what we have believed regarding traditional methods for moisture testing of concrete slabs. This free presentation was created to bring you the most current information on accurate moisture testing of concrete slabs.

When: For times and dates please visit: www.moisturewebinar.com or email rapidrh@wagnermeters.com or call 541.582.0541.